


FLYING ON AN AIRPLANE


Sometimes, I take trips to new places. To get there, I might ride on an airplane.

 First, I pack my things. I bring my clothes, toys, and other special items I may need.


 I go to the airport with my grown-up. There might be lots of people and noises—this is okay.


 At the airport, we go through security. I might take off my shoes or put my backpack on a belt. It's part of staying safe.

 Then, we wait near our gate until the airplane is ready. I can play, read, or use quiet activities while we wait.

 When it's time, we walk onto the airplane and find our seats. I sit down and buckle my seatbelt—just like in the car.

 The airplane might be loud when it takes off. I can wear headphones, hold a toy, or squeeze someone's hand.

 While we fly, I can look out the window, eat snacks, or watch a show. I stay in my seat unless a grown-up says it's okay to get up.

 When the airplane lands, it might feel bumpy. That's normal! Then, we get off the plane and go to the next part of our adventure.

Flying might feel new or different—but I can stay calm, safe, and have fun.