




## GOING ON CHRISTMAS BREAK

Soon, it will be time for Christmas Break.  That means there will be no school for a little while.

I won't ride the bus or go to my classroom.  I will stay home or spend time with my family.

Some people celebrate Christmas or other holidays.  They may give presents, decorate trees, or have special meals.


Every family does things a little differently.  Some visit relatives, others stay home and relax. All ways are okay!

During the break, I might:

Play with my toys  \_ Watch a movie  \_ Do something fun or restful 

If I miss school or feel unsure, I can:

Talk to an adult  \_ Look at my calendar  \_ Use my calm-down tools 

After the break, I will go back to school. I will see my teacher, my classroom, and my friends again!  This helps me feel ready and happy to learn.

Christmas Break is a time to rest and recharge.  I can enjoy the break and feel proud when I come back ready to grow!