

FAMILIES HELPING FAMILIES

RESOURCE GUIDE

August 8, 2012



2927 Hodges Street, Lake Charles, LA 70601
(337) 436-2570 1-800-894-6558 Fax: (337) 436-2578
Email: info@fhfswla.org Website: www.fhfswla.org

Our mission is to enable and empower individuals with disabilities and their families by providing information, referral, education, training, peer support, and advocacy skills. Our vision is that all individuals with disabilities have the opportunity to attend school, live, work and play in their own community

Table of Contents

	<u>Page</u>
FHF List of Services -----	1
Food & Clothing Services -----	2-4
Housing Assistance -----	4-6
Utility Assistance -----	6-7
Emergency & Homeless Shelters-----	7-8
Housing Repairs -----	9
FEMA Assistance -----	9
Case Management & Multi Assistance Agencies-----	9-11
Elderly Assistance -----	11-13
Employment -----	13
Family Services -----	14-15
Transportation-----	15
Legal Assistance -----	16
Referral Services -----	16-17
Volunteer's Needed-----	17
Education-----	17-18
Counseling Services -----	19-21
Mental Health Services -----	21-23
Emergency Medication -----	23
Medication Assistance & Physical Health or Disabilities Services -----	23-25
Medical Facilities-----	25-26

Families Helping Families of Southwest Louisiana, Inc.
2927 Hodges Street, Lake Charles, LA 70601
(337) 436-2570 1-800-894-6558 Fax: (337) 436-2578
Email: info@fhfswla.org Website: www.fhfswla.org

FHF List of Services

Information and Referral

Office for Citizens with Developmental Disabilities (OCDD) Facilitator

Working with the Office for Citizens with Developmental Disabilities to assist families and receive appropriate services and support in their community.

Parent Stipends

Funds sponsored by the Louisiana Developmental Disabilities Council to provide specific financial assistance to individuals with *developmental disabilities* and parents/family members to help in attending regional, state and local conferences related to disabilities.

Resource Lending Library

A large lending library with up to date information about all types of disabilities in various forms including books, video tapes and DVD's.

Education and Training

Louisiana Parent Training & Information Center (LaPTIC)

Provides information and training to parents of children with disabilities, on their rights and responsibilities under state and federal laws.

Louisiana Department of Education Contract

Promotes collaboration between home, school and community through planned workshops and one-on-one training from our Education Coordinators & Transition Specialist.

LaTEACH – Louisiana Together Educating All Children

A statewide grassroots organization that promotes appropriate, inclusive education for **all** students.

PASSED Project

Problem Solving Through **A**nger Management, **S**upport Systems, **T**ime, **E**ffort, and **D**esire. (PASSED) uses a program that stresses that although making good decisions can be difficult doing so will help give the youth more opportunity, freedom and self-respect.

LaCAN – Louisiana Citizens for Action Now

Statewide grassroots network of individuals advocating for a system that supports individuals with developmental disabilities living in their own homes.

Family 2 Family Health Information Center

The overall goal of the project is to improve access to quality care and supports for children with special health care needs in their community by providing information and support.

Peer Support

Families Can't Wait...Because Children Can't Wait

Matches newly identified parents of children with special needs with trained, experienced mentor parents to facilitate one on one emotional support.

Community Outreach Specialist

This specialist offers community awareness and parent support for the EarlySteps program.

Children's Special Health Services Parent Liaison

The Parent Liaison works with the local CSHS clinics and provides support, information and referral to families of children receiving CSHS clinic services

Next Chapter Book Club (NCBC)

NCBC provides people with disabilities regardless of their reading skills the opportunity to read and learn to read, talk about books, and make friends in a fun, community setting.

Food & Clothing Services

Abraham's Tent

(337) 439-9330 / 2300 Fruge St, Lake Charles LA 70601

- Lunches served 11:30 am to 12:30 pm seven days a week

Beauregard Community Action Association Inc

(337) 463-7263 & (337) 463-7895 / 104 West Port St DeRidder LA 70634

- Food for seniors, emergency food and shelter, Low Income Home Energy Assistance and utility bill deferment info (Must call for eligibility requirements & availability)

Catholic Charities

(337) 439-7434 Fax# (337) 439-7435 / 612 Louisiana Ave Lake Charles LA 70601

- 2nd & 4th Friday of the month 9am – 11am & 2pm – 4pm

City of Refuge (Veteran's Homeless Shelter)

(337) 589-4407 Fax# (337) 589-3063 / 5899 Hwy 3112, Vinton LA 70668

- No food donations since hurricanes. They have men clothing ONLY and blankets.

Christian World

(337) 475-0157 Fax# (337) 475-0159 / 2001 East Gauthier Rd, Lake Charles LA 70607

- Food pantry serves 4 zip codes 70605, 70607, Hayes & Bell City. Open on Thurs from 9:30 am to 10:30am in the fellowship hall. Must have photo ID, proof of hardship, or income & social security card for everyone in the household.
- Seniors 60 and over commodity programs on the 3rd Friday of each month.

Community Outreach Center

(337) 786-6512 (337) 842-5456 (337) 515-2734 / 1006 E. 4th St, Dequincy LA

- Food pantry and clothing. Open Tuesdays 9:00am – 12:00pm
- Bring photo ID, proof of income & residence, social security cards for each person in the household

Faith and Friends Food Pantry

(337) 439-9494 / 4009 J. Bennett Johnston Avenue, Lake Charles LA 70615

- Monday, Tuesday & Wednesday 1:00pm -2:30pm (ONLY for Calcasieu Parish residents)
- Bring photo ID, proof of income & residence, SS card for each person in the household

Faithshare Outreach

(337) 905-1333 / 1827 Hwy 384, Lake Charles LA 70607

- Offer food, clothing & other assistance, but NOT rent or utility assistance
- School uniforms for sale to anyone
- Must have a voucher from a non-profit organization.
- Hours 8:00am -12:00pm, Mon, Wed & Fri
- ONLY for Cameron Parish Residents

Food Stamps & Government Food Assistance (La. Dept of Children & Family Services)

1-888-524-3578 (1-888-LAHELPU) www.dss.la.gov

- Supplemental Nutrition Assistance Program (SNAP)
- Louisiana Combined Application Project (LaCAP)
- Child Care Assistance Program (CCAP)
- Family Independence Temporary Assistance Program (FITAP)
- Kinship Care Subsidy program (KCSP)

Glad Tidings Food Pantry

(337) 436-6080 / 3501 Texas St, Lake Charles LA 70601

- Mon- Thurs 9:00am -11:30am (will do emergency if needed)
- Can come now every 30 days. Need SS# for everyone in the household
- Only serving those in area codes 70605 and 70601

God's Food Box: (A Ministry of Beaugard Ministerial Alliance)

(337) 463-4449/ 426 McMahan St, DeRidder LA 70634

- Provides food for families in Beaugard Parish & parts of Vernon parish
- Open Tues & Thurs from 10:00am to 4:00pm
- Recipients must verify income and residency, and provide current ID for all household members. ALL house hold members are counted as one family and income of all must be counted.
- Income levels are the same as those used for Food Stamps
- Clients can receive Food Stamps & Quarterly Commodities and still qualify for benefits with the Food box

Greater St. Mary Missionary Baptist Church

(337) 494-7945 / 1401 Moeling St, Lake Charles LA 70601

- Offering food and clothing on Tues, Wed, Thursday 10:00am -2:00pm
- School uniforms available
- Must have proof of income and valid ID

H.O.P.E Center – Helping Our People to Excel

Highway 190 in Ragley, LA 70657

- Serves Beaugard, Jeff Davis, & Calcasieu parishes on Tues. from 9 a.m. to 12 p.m. Food is distributed on the 4th Wed. & Thurs.
- Serves Allen parish at Reeves Baptist Church on 2nd Wed. from 9 a.m. to 12 p.m. & Food is distributed on the 4th Fri. from 9 a.m. to 12 p.m.
- Assistance with clothing, school uniforms, shoes, and food for senior citizens

Jeff Davis Council on Aging

(337) 824-5504/ 210 State St, PO Box 734, Jennings, LA 70546

- USDA commodities, food for seniors, elderly transit, senior tax assistance, driver's safety, emergency food and shelter, meals on wheels, homemaker, respite care, wellness program, recreation, senior Rx meds, Acadian on call, material aid, transportation, elderly, public, Medicaid, and Alzheimer support group.

Manna Ministries – St. Luke Simpson United Methodist Church:

- Dial 2-1-1 or 310-INFO (4636) / 1500 Country Club Rd, lake Charles LA 70605
- Every Wednesday 9:00-11:00 for food assistance (Can use once a quarter)
- Financial & utility assistance (electricity, gas & water- NO PHONE) only after registering
- Must register through 211 first

Allen P. August Multi-Purpose Center

(337) 437-3560 or 1-800-542-7074 / 201 Moeling St, lake Charles LA 70601

- Food for seniors, mothers and children (must call to register)

New Sunlight Baptist Church

(337) 439-9865 / 515 V.E Washington Ave, Lake Charles LA 70601

- Fill out application Pick up food on the 2nd Saturday of the month from 9:00am – 11:00am

Oak Park Food Pantry @ St Margaret Catholic Church

- Phone calls about food pantry taken at the 1st Christian Church (337) 478-3034
- Location of the food pantry at 1611 17th street, lake Charles LA 70601
- 8:00am -9:00am Tuesday and Thursday for residents south of Broad St, north of McNeese St, east of Lake St, west of Hwy 14.
- Need current utility bill and SS# for each member of the household
- DO NOT serve single men unless they have a child in their household

Salvation Army Center of Hope

(337) 433-4155 Fax: (337) 721-8069 / 3020 Legion St, lake Charles LA 70615

- Mondays from 9:00am to 2:30pm (can use every 6 months)
- Photo ID, SS#, Income, Utility Bill and Fire report Required (only help in case of a fire)
- Must have referral from the food stamp office for a food box

Second Harvest Food Bank of Greater New Orleans & Acadiana

(337) 237-7711 (Lafayette) and (504) 734-1322 (New Orleans)

- Food distribution to established food pantries & feeding sites & emergency/disaster supply
- Call for the nearest distribution site

Seventh Day Adventist Church

(337) 478-8353 / 1537 County Club Rd Lake Charles LA 70605

- Food & Clothing distributions at the rear of the building on Tues & Wed from 8:30am to 12:00 pm

Shepherd's Inn Outreach of United Christian Fellowship Church

(337) 433-1517 / 2802 Opelousas St, Lake Charles LA 70615

- Food and clothing on Tues & Thurs 9:00am to 12:00pm
- (also Christian counseling & free bibles)
- Bring photo ID can use every 60 days

Saints Memorial Church of God in Christ

(337) 439-8680 / 1717 Moeling St, Lake Charles LA 70601

- Food pantry opens 1st and 3rd Saturdays of each month from 9:00am to 11:00am
- Call to verify the week before
- Bring proof of income and ID

Westlake United Methodist Church

(337) 433-8424 / 704 Johnson St, P.O Box 536 Westlake LA 70669

- Food pantry for residents of the Westlake area operating from 9:00 to 11:30 am, Wed from 5:00pm to 7:00pm and Fri from 9:00am to 11:30am
- Proof of residence in Westlake required, as well as proof of income for everyone in the household, bring photo ID and one other item with name and address

Housing Assistance

CARC – Housing www.thecarc.com

(337) 433-3620 Fax: (337)439-1886

- HUD housing for people with developmental disabilities and meets low income limits
- Currently has a waiting list

Chateau Du Lac

(337) 436-0380 / 333 Mill St., Lake Charles, LA 70601

- Apartments for individuals who are aged 62 or older and or with a disability receiving SSI.

Habitat for Humanity www.hfhca.org

(337) 497-0129 Fax: (337) 497-0470 / 3551 Avenue C, Lake Charles LA 70615

- Only builds houses from the ground up, No home repairs.

H.O.P.E. Center- Helping Our People to Excel

(337) 725-6536 / Highway 190 in Ragley, LA 70657

- Serves Beauregard, Jeff Davis and Calcasieu Parish on Tues from 9-12 Food is distributed on the 4th Wednesday and Thursday.
- Serve Allen Parish at Reeves Baptist Church on the 2nd Wednesday from 9-12 Food is distributed on the 4th Friday from 9-12pm
- Also have clothing, school uniforms, shoes, senior citizen food.

Jeff Davis Parish Assistance Agency

(337) 824-7800 Fax: (337) 824-7805 www.assistagency.org

P.O. Box 1404 Crowley 70526 & P.O. Box 1227 Jennings, LA 70546

- Food, medicine, utility, housing, legal services and many more. 8:00 to 4:30 Mon- Friday

Louisiana Housing Search Service www.lahousingsearch.org

Maison D' Amis (NAMI)

(337) 437-7919 / 401 Gerdsen St., Lake Charles, LA 70601

- Apartment for persons who are mentally ill who qualify. Currently has a waiting list.

Oasis a Safe Haven for Survivors of Domestic and Sexual Violence www.cwshelter.org

(337) 436-4552 or 1-800-223-8066 Fax (337) 436-8327

1-888-411-1333 LA Domestic Violence Hotline

For women and children who are victims of domestic violence

Permanent Supportive Housing Program

(337) 497-0034 (A program run by Volunteers of America)

- Housing with case management assistance for a household in need of housing who has a member with a disability, earns less than 30% AMI and is in need of supportive services.

Project Build a Future (Scared Heart)

Main # (337) 439-7191 & (337) 439-2646 Fax: (337) 439-2650

- A nonprofit corporation committed to building and selling quality, affordable housing.
- Call to obtain an application
- PBAF-STRICTLY HOMEOWNERSHIP

The Road Home

1-888-462-3252 www.Road2La.org

- Registered applicants may receive housing assistance or buyouts

The Lord's Place www.lordsoutreach.tvheaven.com

(337) 494-6277 Fax: (337) 78-0471 / Earl (Manager) - (337) 853-7222 Pastor Russell Benoit
126 Kirkman St, Lake Charles LA 70601

- For single men ages 18 and over.

Section 8 Housing

This program is for families with a limited income. How much you pay depends on what you can afford. Housing may not be available right away there is a waiting list

- Calcasieu Parish (337) 721-3577
- Lake Charles (337) 436-7628
- Sulphur (337) 527-5248
- Vinton (337) 589-5331
- Lake Charles Housing Authority (337) 439-4189

USDA OFFICE- Rural Development Housing Programs <http://rdhomeloans.usda.gov>

Allen/ Jeff Davis Parishes call Vicky Stelly at (337) 262-6602 ext. 115

Cameron/ Calcasieu Beauregard Parishes call Patricia Dupre at (337) 262-6602 ext. 117 or in Lake Charles call 436-5020

- Low-income applicants can build or buy
- Low income property owners can repair

Volunteers of America Mental Health Housing Services

(337) 497-0034 Fax: (337) 497-0229

- Housing available for mentally ill persons who qualify.

Volunteers of America Crisis Domiciliary Program

(337) 497-0034 Fax: (337) 497-0229

- For severely mentally ill adults. Referrals must come through the Office of Mental Health.

Volunteers of America Elderly Housing in Welch and Elton

(337) 497-0034 Fax: (337) 497-0229

- For 62 yrs old and up whom have low income.
- Currently have several openings in both locations

Utilities Assistance

LIHEAP (Low Income Home Energy Assistance Program)

(337) 437-3560

- Families in Calcasieu Parish with children under the age of 5 can ask for help paying bills to heat and cool their homes. Must call to set up an appointment

Manna Ministries

2-1-1

- This program offers short term help with food and utility bills. Apply by calling the information help line by dialing 2-1-1 from any phone

Catholic Charities

(337) 439-7436

- Assists with rent, mortgage payments to prevent eviction, utilities , food, medical prescriptions
- Appointment ONLY by calling on the first day of the work week

First Baptist Church of Sulphur

(337) 527-5534 (337) 527-5231

Care Help of Sulphur

(337) 528-2273 Fax (337)310-0199 / 200 N. Huntington, Sulphur LA 70663

- Utilities, food, emergency medications, clothing and school uniforms for Sulphur residents
- Transportation program
- Free computer and Life Skills classes
- Thrift stores and donations open Saturday 10-4pm

Caring Hands

(337) 616-3081/ P.O Box 1204; 327 N. Main St, Jennings LA 70546

- Qualified Jeff Davis residents ONLY
- Open Tues- Fri 1-4 & application taken 1-3pm
- Assist with disaster needs, utilities ,some medications ,food clothing and household items
- Bring photo ID, Proof of income, all current bills, last 2 bank statements and food stamp verification

Jeff Davis Parish Assistance Agency

(337) 824-7800 Fax: (337) 824-7805 www.assistagency.org

P.O. Box 1404 Crowley 70526 & P.O. Box 1227 Jennings, LA 70546

- Food, medicine, utility, housing, legal services and many more. 8:00 to 4:30 Mon- Friday

Martin DePorres Catholic Church

(337) 478-3845/ 5326 Elliot Rd Lake Charles LA 70605

- Mon- Fri 9am to 4:30pm

St. Luke's Church

(337) 474-1500/ 1500 Country Club Rd. Lake Charles LA 70605

St. Margaret's Catholic Church

(337) 439-4585/ 2500 Enterprise Blvd. Lake Charles LA 70601

Emergency & Homeless Shelters

A.C Dowden Memorial Shelter

(337) 238-5328 Fax # (337) 392-0384 / 128 VFW Road, Leesville LA 71446

- Men, women and children accepted

Oasis a Safe Haven for Survivors of Domestic and Sexual Violence www.cwshelter.org

(337) 436-4552 or 1-800-223-8066 Fax (337) 436-8327

1-888-411-1333 LA Domestic Violence Hotline

- For women and children who are victims of domestic violence

City of Refuge (Veteran's Homeless Shelter)

(337) 589-4407 Fax (337) 589-3063 / 5899 Hwy 3112, Vinton LA 70668

- For single men

ETC- Apartments Available for Homeless Youth Ages 16-21 (Outreach Center)

(337) 433-1062 Fax (337) 439-1094 (Amy Dunn) (337) 439-1094

- Education & Treatment Council for those already in the system
- Call to apply. Provides transitional housing
- Available for youth in custody of Office of Community Services or Office of Juvenile Justice

Freedom Mission- Faith based Substance Abuse Program & Shelter

(318) 697-2028 / 1402 Hwy 5, Logansport LA 71049

- NO Charge applicants must call Brother Wayne Jones for interview
- 6 months commitment but can stay longer if doing well
- Males and females accepted & dependent children may be allowed

Harbor House

(337) 433-6739 Fax (337) 436-7720 / Outreach office (337) 433-1062

- Unaccompanied youth 3-17 years of age. An emergency shelter and takes referrals from agencies.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337) 616-8622 / 210 State St, P.O Box 734, Jennings LA 70546

- Offering emergency food and shelter if needed in Jeff Davis Parish ONLY

Jeff Davis Communities Against Domestic Abuse www.jeffdaviscada.com

(337) 616-8418 Fax: (337) 616-8421/ P.O Box 826 Jennings LA 70546

- Shelter for women that are victims of domestic abuse and their dependent children (not a homeless shelter)

June N. Jenkins Women's Shelter / Beauregard Community Concerns

(337) 462-1452 Fax (337) 463-5495

- Shelter for women that are victims of domestic abuse and their dependent children (not a homeless shelter)

The Lord's Place www.lordsoutreach.tvheaven.com

(337) 494-6277 Fax: (337) 78-0471 / Earl (Manager) – (337) 853-7222 Pastor Russell Benoit
126 Kirkman St, Lake Charles LA 70601

- For single men ages 18 and over.

Matthew 25:40 (Nepenthe House)

(337) 430-0888 / 1414 Martha St. Lake Charles LA 70601

- Men with aids or recovering from alcohol/drug abuse. Referrals by agencies only.

Potter's House

(337) 477-1116 Fax: (337) 477-1102 / 3233 Kirkman St, Lake Charles LA 70601

- For women and women with children

Salvation Army Center of Hope

(337) 433-4155 Fax: (337) 721-8069/ 3020 Legion St, Lake Charles LA 70615

- For men only
- Check in time is from 4:30pm to 5:30pm

Welcome House

(337) 783-7066 / 24292 Crowley Eunice Hwy, LA 70526

- For single men and women will accept married couples but cannot sleep together.

Housing Repairs

First Christian Church Mission Station

(337) 478-3034 Fax: (866)927-0576 / 2525 2nd Ave. Lake Charles LA 70601

- Serving those who have damages resulting from the hurricane or other unexpected disasters

Rebuilding Together

(337) 478-1755 Fax: (337)478-1744

- Help to make repairs to house for low-income families, the elderly and the disabled
- Same income requirements as for Section 8 housing (Calcasieu Parish only)

FEMA Assistance

FEMA

1-800-621-3362

- TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE
- FEMA rental resources – <https://asd.fema.gov/inter/hportal/home.htm>

Case Management & Multi-Assistance Agencies

Advocacy Center

Primary- 1800-960-7705 & Lafayette – 1800-822-0210 Fax: (504) 522-5507

1010 Common St. Ste. 2600, New Orleans, LA 70112

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.

Allen Action Agency

(337) 639-4348 Fax: (337) 639-4715 / 505 W. 7th Ave, Oberlin LA 70655

- Head start, energy assistance, toys for tots and weatherization.
- United Way agency assisting with emergency crisis program

BeauCARE

(337) 462-2273 Fax: (337) 462-2268

628 High School Dr. P.O Box 1779, Deridder LA 70634 www.beucares.org

- Multi- assistance agency providing family life, recreational, educational and advocacy programs for residents of all ages in Beauregard and Southwest Louisiana

Cameron Community Action/Cameron Council on Aging (Case Mgt. for Cameron Residents)

(337) 905-6000 Fax: (337) 905-6500 / P.O Box 8801, Grand Lake, LA 70606

- Serving Cameron Parish...Working with UMCOR and using case management to determine needs.

Care Help of Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 / 200 N. Huntington, Sulphur LA 70663

- Utilities, food, emergency medications, clothing and school uniforms for Sulphur residents.
- Transportation Program, Thrift stores and donations open on Saturdays 10-4
- Free Computer and Life skills classes

Caring Hands

(337) 616-3081 / P.O Box 1204: 327 Main St. Jennings LA 70546 email: caring@bellsouth.net

- Qualified Jeff Davis residents ONLY
- Open Tues- Fri 1-4 applications taken from 1-3pm
- Assists with disaster needs, utilities, some medications, and food, clothing and household items.
- Bring photo ID, proof of income, all current bills, last two bank statements and food stamp verification.

Catholic Charities Diocese of Lake Charles (Director: Trish Trejo)

(337) 439-7436 Fax: (337) 439-7435 / 612 Louisiana Ave, Lake Charles LA)

- Assists with rent, mortgage payments to prevent eviction, utilities, food and medical prescriptions.
- Appointment ONLY by calling the first day of the week.

First Christian Church Mission Station

(337) 478-3034 Fax # (866) 927-0576 / 2525 2nd Ave, Lake Charles LA 70601

- Serves those who have damages resulting from hurricanes and other unexpected disasters

Greater St. Mary Missionary Baptist Church / F.H. Dunn Resurrection Center

(337) 494-7945 Fax: (337) 494-7946 / 1401 Moeling, Lake Charles LA 70601

- Offering food and clothing on Tues, Wed, Thurs. 10-2
- Some school uniforms available
- Call for social services, mental health and pastoral care. (Donations needed)

H.O.P.E. Center- Helping Our People to Excel

(337) 725-6536 / Hwy 190 in Ragley 70657

- Serves Beauregard, Jeff Davis and Calcasieu Parish on Tues from 9-12 Food is distributed on the 4th Wednesday and Thursday.
- Serve Allen Parish at Reeves Baptist Church on the 2nd Wednesday from 9-12 Food is distributed on the 4th Friday from 9-12pm
- Also have clothing, school uniforms, shoes, senior citizen food.

La Familia Resource Center

(337) 312-2906 Fax: (337) 312-2912 / 3226 Lake St. Lake Charles LA 70601

- Open Mon – Thurs from 9 to 4 appointments only
- A bilingual multiservice organization that provides counseling through Family Life, English classes, Spanish classes, translation, and immigration assistance with a law certified immigration law specialist, school system child advocacy and tutoring, referrals, resources and cultural diversity workshops.

LIHEAP – Low Income Home Energy Assistance Program/ Allen P. August Multi-Purpose Center

(337) 437-3560 Fax: (337) 430-4796 1800-542-7074 /2001 Moeling St. Lake Charles LA 70601

- To assist residents in Calcasieu Parish with electric or gas bills twice a year based on income.
- Multi- Purpose Building- Appointment ONLY. Income guidelines apply

Jeff Davis Parish Assistance Agency

(337) 824-7800 Fax: (337) 824-7805 www.assistagency.org

P.O. Box 1404 Crowley 70526 & P.O. Box 1227 Jennings, LA 70546

- Food, medicine, utility, housing, legal services and many more. 8:00 to 4:30 Mon- Friday

Manna Ministries of St. Luke Simpson United Methodist Church

Dial 2-1-1 or 310-INFO 4636

1500 Country Club Rd, Lake Charles LA 70605

- Every Wednesday from 9am to 11am, they will help with utilities- gas, electricity or water bills.
- Bring picture ID, current bill and social security number. Can get assistance once a year.
- Must call 2-1-1 to apply

Elderly Assistance

9-1-1- SNAP- Special Needs Assistance Program ONLY CALCASIEU PARISH

(337) 4970034 Fax: (337) 497-0229

- Voluntary program to assist elderly, special, needs people or any person that may have limitations that need assistance during an emergency.

Allen Council on Aging allencouncil@bellsouth.net

1-800-256-2851 Fax: (318)335-3199 /602 E. 5th Ave, Oakdale LA 71463

- Get information on meals, home maker help, three transportation programs, respite care, medical advice, medical help, meals on wheels and more

Beauregard Council on Aging

(337) 463-6578 & (337) 463-9694 Fax; (337) 463-7431 / 104 West Port St, Deridder LA 70634

- Meals, good health habits, material aids, medication alert programs, legal, visiting utility assistance, Meals on Wheels, transportation assistance and more.

Benefits Check Up www.benefitscheckup.org

- Assisting seniors by helping them identify their financial benefits for which they may not know they qualify.

Better Business Bureau of SWLA <http://lakecharles.bbb.org>

(337) 478-6253 or 1-800-542-7085 Fax: (337) 474-8981

2309 E. Prien lake Rd. Lake Charles, LA 70601

Calcasieu Allen P. August Multi-Purpose Center

(337) 437-3560 or 1-800-542-7074 Fax: (337) 430-4796

Open 8 to 5pm Mon- Fri

Calcasieu Parish Council on Aging www.calcoa.org

(337) 474-2583 & 1-800-223-5872 Fax; (337) 474-6563 / 3950 Hwy 14, Lake Charles LA 70607

- Utility assistance, prescription assistance, homemakers services (light housekeeping twice a month), meals on wheels, medical alert button, Medicare part D assistance with people to assist elderly to apply.
- For ages 60+

Calcasieu Parish Sheriff's Office

(337) 491-3626 Fax: (337) 439-1684 / 2112 Moeling St, Lake Charles LA 70601

- Elderly Service's offering transportation for ambulatory senior citizens, assist seniors to go thru the court system, assist to retain restraining orders to pick up food/commodities, medications and transport to doctor's appointments.

Cameron Parish Council on Aging

(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 / P.O Box 8801, Grand Lake LA 70606

- Call for referrals 8:00 thru 4:00, Monday thru Fri
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance and the agency is the case management for Cameron Parish Disaster services.

Experience Works <http://www.experienceworks.org/>

(337) 433-4243

- Provide training and job asst. to people ages 55 and older on limited incomes who are not currently working.

Eye-Care America's Seniors Eye Care Program

1-800-222-3937 www.eyecareamerica.org

- Free exam and up to a year of treatment for persons 65 and older.
- Call to find out if you qualify. Available 24/7 yearly.

Jeff Davis Council on Aging

(337) 824-5504 Fax: (337) 616-8622 / P.O. Box 734, 210 S. State St. Jennings LA, 70546

- Offers assistance with food, medications, transportations, housekeeping, sitters, utilities, recreation, education, exercise classes and general well-being. Some minimal donations may apply. Emergency food and shelter given when needed to all ages in Jeff Davis Parish
- Aerobics classes 5 days a week
- Alzheimer's support group every other month on the first Tuesday.

Louisiana Answers (Part of Governors Office)

1-877-340-9100 Fax: (225) 342-7133 www.louisianaanswers.com

- Aging and disability information station

Meals on Wheels- Calcasieu Parish www.calcoa.org

(337) 474-2583 or 1800-223-5872 Fax: (337) 477-7198 / 2016 Oak Park Blvd, Lake Charles LA 70607

- Calcasieu Council on Aging

Senior Prescription Assistance- Calcasieu Council on Aging www.calcoa.org

(337) 474-2583 or 1800-223-5878 Fax: (337) 474-6563 / 3950 Hwy 14, Lake Charles LA 70607

- Senior RX to assist seniors to link with assistance for obtaining their prescriptions medications.

Southwest Louisiana Independence Center (SLIC) www.slic-la.org

(337) 477-7194 or 1-888-403-1062 Fax: (337)477-7198 / 2016 Oak Park Blvd Lake Charles LA 70601

- They have medical equipment available for elderly or disabled who qualify.
- Direct Service workers to assist; does info and referrals
- Supervise independent living
- Supplies telephone & interpretive services for hearing impaired
- Call for information

VITA (Volunteer Income Tax Assistance) Program

(337) 433-1088 Fax: (337) 433-3679 (United Way of SWLA)

Employment

Allen Career Solution Center

602 Court St. Oberlin LA 70655

(337) 639-2175 Fax: (337) 639-2560

AmeriCorps Impact Lake Charles

(337) 491-8735 Fax: (337) 491-8760 / 326 Pujo St, Lake Charles LA 70601

- Provides community service activities for nonprofit organizations.

Beauregard Business and Career Solutions www.laworks.net

(337) 462-5838 Fax: (337)462-6115 / 1102 W. 1st St., Deridder LA 70634

- Workforce training and employment services. Call for information

Beauregard and Christian Women's Job Corps www.beauregardcwjc.org

(337) 463-4451 / 107 N. pine St. Deridder LA 70634

- Teaches Life and job skills for women 18yrs old who are in need.

Care Help Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 / 200 N. Huntington, Sulphur LA 70663

- Life Skills classes on Wednesday ONLY at 10:00am
- Computer Classes on Mon from 6:00 to 7:30pm and Wed from 1:30 to 3:00pm at 112 E. Thomas in Sulphur LA
- Bible classes on Tues 9:00 to 10:00am open to people living anywhere, Call for Info

Experience Works www.experienceworks.org

(337) 433-4243

- Provides training and job assistance to people ages 55 and older on limited incomes and who are not currently working

Louisiana Work Incentive Program

(337) 962-3476 & 1-888-942-8104 Fax: (337) 896-2273 / 111 Stonybrook Dr, Lafayette LA 70507

- Information on work incentive for people on Social Security and help in finding employment

Louisiana Workforce Commission www.laworks.net

(337) 475-4900 / 4250 5th Ave, lake Charles LA 70607

- Job search, resume help, job fairs and more. Call for info

Unemployment Claims www.laworks.net

Family Services

BeauCARE www.beucares.org

(337) 462-2273 Fax: (337) 462-2268 / 628 High School Dr, P.O. Box 1779 Deridder LA 70634

- Provides information, referrals, education, parenting, training, case management and advocacy for families involved with OCS in Allen or Beauregard Parishes. Many more services listed.

Calcasieu Parish Animal Services and Adoption Center for Calcasieu www.petfinder.com

(337) 721-3730 or call 1-800-248-SPAY / 5500 A Swift Plant Rd, Lake Charles LA 70615

- Spay Neuter Assistance Program- call for specific guidelines.

Family & Youth Counseling Agency www.fyca.org

(337) 436-9533 Fax: (337) 436-9941 / 220 Louie St., Lake Charles LA 70601

- Classes, programs and support groups to assist families and children.

Families & Friends of Louisiana's Incarcerated Children www.fffic.org

(337) 562-8503 / 188 Williamsburg Ave., Lake Charles LA 70605

- Advocacy to promote education over incarceration and to assist families with children in the juvenile justice system.

Foreman-Reynaud Community Center www.baijul.org

(337) 436-2509 Fax: (337) 436-9843 / 215 Albert St. Lake Charles LA 70601

- Free homework assistance from 3 to 5 Mon-Thurs.
- Free showers for homeless from 8 to noon Mon-Fri & Sat. from 9-noon
- Drive Rite classes every other Sat from 9am- 3p.m
- Free Vita tax services

Gulf Coast Teaching Family Services, Inc.

(337) 436-6622 Fax: (337) 436-4403 / 825 Ryan St, Suite 300, Lake Charles LA 70601

- Community based programs providing consultation, training and educational services to individuals and their families. Accepts Medicaid, insurance and private pay.

Volunteers of America Family Support Groups

(337) 497-0034

- Heart 2 Heart Parenting Support Group and Grandparents Raising Grandchildren Support Groups
- Free supervised childcare and refreshments provided during the support groups
- Adoption Services, Adult Housing, Mental Health Recovery & Education Services

LaMOMS <http://new.dhh.louisiana.gov/index.cfm/page/231>

1-888-342-6207

CART (Child Adolescent Response Team)

1-800-272-8367

- CART helps children and their parents in times of crisis. Services are available 24 hours and 7 days a week. There are no income or insurance guidelines to meet.

United Way of Southwest Louisiana

(337) 433-1088

- Offer a different array of services. Call for more info

Early Steps www.earlysteps.dhh.louisiana.gov

1-866-494-8900

- Early Steps is an early intervention system for children with disabilities and developmental delays ages birth to 3yrs old and their families
- Currently services are provided at no cost to the family

Support Enforcement Services Customer Service

1-800-256-4650

Office of Community Services Child protection & Family Services

1-800-244-5373 (KIDLINE)

Office of Community Services

(337) 721-4020 / 2424 Third St, lake Charles LA 70601

- Provides social services, education, intervention, and prevention focused services to Calcasieu's aged, indigent and adolescent populations. Call for more information on the different services OCS has to offer

La Familia Resource Center

(337) 312-2906 Fax: (337) 312-2912 / 3226 Lake St, Lake Charles LA 70601

Open Mon-Thurs from 9-4 Fri- apt ONLY

- They are a bilingual multiservice org that provides an array of services, English/Spanish classes

Transportation

City Bus of Lake Charles www.cityoflakecharles.com

(337) 491-1253

- City buses run Monday thru Friday from 5:45 in the morning until 5:45 in the afternoon except on city holidays

Calcasieu Parish Transit Program

(337) 721-4020 & 721-4040 fax: (337) 437-3397

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48 hour advance notice
- Grocery Shopping Services for ages 65 or over every 1st and 3rd Saturday of the month from 9 to 11am
- Job access and reverse commute from 5am to 11pm

Medicaid Transportation

1-800-864-6034

Reduced Bus rate Pass- Dept. of Public Works

4334 East Broad St lake Charles LA 70601

- Bring Medicare card and ID to Sarah Shelton to get blue card to ride for 0.25 cents

Legal Services

Acadiana Legal Services

(337) 439-0377 Fax: (337) 439-0636 One Lake Shore Dr. Ste. 800 Lake Charles LA 70629

- Evictions, contractor fraud, insurance issues

Louisiana State Bar Association Coordinators

1-800-210-7029 (504) 355-0970

- Free legal help over the phone ONLY for Louisiana residents.
- Hurricane Ike & Gustav referrals to area agencies

Southwest Louisiana Law Center (Formerly Southwest Legal Services)

(337) 436-3308 Fax: (337) 433-2523

- Handle legal questions and referrals for people needing legal assistance
- 8:30 to 5:00 Monday-Friday , closed 12:00 to 1:00 for lunch
- Photo ID required and \$50 consultation fees

LaFamilia Resource Center

(337) 312-2906 Fax: (337) 312-2912

- Open Mon-Thurs from 9 to 4 Fri- APPT ONLY
- A bilingual multiservice org that provides immigration assistance with a law certified immigration law specialist.

Referral Services

Best Buddies www.bestbuddieslouisiana.org & www.ebuddies.org

14423 Old Hammond Hwy, Ste. B, Baton Rouge LA 70816

- Mentoring and friendship program for people with intellectual disabilities.
- Free email pen pal program

Educational & Treatment Council (ETC)

- Harbor House- (337)433-6739 Fax: (337) 436-7720
- Outreach Center- (337) 433-1062 Fax: (337) 439-1094
- Providing intervention and prevention services that address at risk youth and their families

F.I.N.S (Families in Need of Service) Office of Juvenile Justice Services

(337)721-3900 Fax: (337)721-3907 / PO Box 2073, Lake Charles LA 70602

- Assist in coordination of services for children who are self-destructive and need intervention

Louisiana Assistive Technology Access Network (LaTAN) www.latan.org

1-800-270-6185 Fax: (225) 925-9560 / 3042 Old Forge Dr. Ste. D. Baton Rouge LA 70808

- Medical and assistive equipment distribution program after large scale disasters
- Loans, low cost refurbished computers, and other assistance to individuals with disabilities
- A.T. Market Place is a data base of used, free or low cost equipment

Louisiana Dept. of Insurance www.lds.state.la.us

1-800-259-5300 & Fax: 225-342-8622 / 1702 N. Third St. P.O. Bo 94214, Baton Rouge LA 70804

- For questions about insurance email Ike: email ike@lds.state.la.us

OCDD Office for Citizens with Developmental Disabilities

1-800-631-8810 (337) 475-8045 Fax: (337) 475-8055

310 Info, 2-1-1

Direct Dial 2-1-1 or (337) 310-INFO (4636) or 1-866-310-INFO www.310info.org

- Call 310-INFO or 211 to find out about organizations in southwest and central Louisiana
- Resource information is available through the call center Mon-Fri from 8 a.m. to 4:30 p.m.

Veterans Affairs www.va.gov

1-800-827-1000

Volunteers Needed

Care Help of Sulphur www.care-help.org

(337) 528-2273 Fax: (337) 310-0199 / 200 Huntington, Sulphur LA 70663

- Recruiting drivers and other volunteers. Call for training schedule

Hobo Hotel for Cats smithjkelly@suddenlink.net

Contact Volunteer Coordinator Jean Smith at (337) 477-7001 or (337) 302-2670

- Recruiting volunteers to assist with temporary or permanent care of cats
- Children's program available for children accompanying an adult

Office of Community Service www.cppj.net

(337) 721-4020 Fax; (337)437-3397 / 2424 3rd St, lake Charles LA 70601

- Senior volunteers through RSVP & TRIAD Programs
- Need volunteers for senior Games

Volunteer Center of Southwest Louisiana

(337) 439-6109 www.volunteercenterswla.org & www.1-800-volunteer.org

- Call to find out about organizations needing volunteers in southwest and central Louisiana
Resource information is available through the call center Mon-Fri 9 to 4

Volunteers of America

(337) 497-0034

- Coordinates volunteer efforts for community service

Education

American Red Cross

(337) 478-5122 Fax: (337)478-1173

- Hurricane preparedness, CPR, first aid, aquatics and water safety and babysitting training

Calcasieu Parish Adult Education- Sulphur

(337) 528-2374- Call for dates and times Classes open to people living anywhere

- Tues & Thurs from 3:30pm to 9pm for night programs

Foreman Reynaud Community Center

(337) 436-2509 Fax: (337) 436-9843 / 215 Albert St, Lake Charles LA 70601

- Lighthouse Club- social club for ages 50 and older call for details
- After school program from 3 to 5pm Mon-Thurs Free to anyone who needs homework help ages 4 and up
- Swimming lessons (ages 3 to 7 and ages 8 to 12) Call for time schedule
- Summer camps & all year round water aerobics

LaFamilia Resource Center

(337) 312-2906 Fax: (337) 312-2912 / 3226 Lake St, Lake Charles LA 70601

Open Mon-Thurs from 9-4 Fri- apt ONLY

- They are a bilingual multiservice org that provides an array of services, English/Spanish classes
- Translation, school system

Literacy Council www.literacyswla.org

(337) 494-7000 Fax: (337) 494-7915 / 809 Kirby, Suite 126, Lake Charles LA 70601

- They help improve reading skills, teach financial literacy, computer skills, GED, Pre-GED, Adult education and English as a second language
- After school programs for youth needing assistance with math and reading

National Alliance for Mentally Ill (NAMI) www.nami.org/sites/namiswla

(337) 433-0219 Fax: (337) 433-1860 / 715 Ryan Street, Suite 203, Lake Charles LA 70601

- Family to Family- Classes in Spring and Fall for this 12 class course for parents, adolescents and caregivers of adults with mental illness (NOT FOR PERSON W/ MENTAL ILLNESS)
- Basics- Classes in spring and fall for this 6 class course for parents and care givers of children with mental illness.
- Call for dates, times and places. Registration is required and seating is limited.
- Family Support Group- meets 3rd Tuesday of each month
- Women and Depression (10 week course for women w/ depression taught by trained peer and specialist support)

Volunteers of America Parenting Education Classes

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OMH or some private agencies. Sliding scale fee for others.
- Heart to Heart Parenting Support Group and Grandparents Raising Grandchildren Support Group
- Childcare available and refreshments provided. Call to RSVP

Adult & Continuing Education 1015 6th Ave Lake Charles LA 70601

(337) 217-4220

Calcasieu Career Center 2903 Opelousas Street, Lake Charles LA 70601

(337) 217-4290

Counseling Services

ABC Pregnancy Resource Center (Lake Charles)

(337) 433-2797 Fax: (337) 433-1334

Addictive Disorder Clinic

(337) 475-4855 Fax: (337) 475-4858 / 3505 5th Ave, Ste. B, Lake Charles LA 70607

- Free open orientation every Tuesday at 12:45p.m

Adoptions- Volunteers of America

(337) 274-3447

Adult Protection

1-800-898-4910 Fax: (25)342-9069

Alcoholics Anonymous, Alateen & Al-Anon

(337) 475-0022

Alcohol and Abuse Helpline

(337) 480-0120

Allen Mental Health

(337) 639-3001 Fax: (337) 639-3008 (Oberlin)

Alzheimer's Association

LA Chapter: 1-80-272-3900

Beauregard OBH 106 W. Port St, DeRidder LA 70634

(337) 462-1641 & Fax: (337) 462-1354

Child and Adolescent Response Team (Lake Charles Mental Health)

(337) 475-8022 8-4:30 Mon-Fri Fax: (337) 475-8054 or 1-800-272-8367 (after hours & weekends)

- Assistance for children and parents experiencing a crisis

Child Protection Hotline

(337) 491-2545 Fax: (337) 491-2654

Counseling Service of Southwest LA (Disney & Associates) (337) 431-7194 Fax: (337) 431-7198

Elderly Protection

1-888-491-2619 Fax: (337) 475-3510 / 196 Williamsburg, Lake Charles LA 70605

Emmanuel Counseling Center

(337) 485-9564

Family Youth & Counseling www.fyca.org

(337) 436-9533 Fax: (337) 439-9941

Grieving Parent's & Bereavement Group

(337) 598-4800

- Open to people who have suffered a loss and those that want to help them
- Meet the 2nd Tuesday of the month at Central Library in Lake Charles from 6:30 to 8:30pm

Gulf Coast Teaching Family Services, Inc.

(337) 436-6622 Fax: (337) 436-4403 / 825 Ryan St, Suite 300, Lake Charles LA 70601

- Marriage and family therapy. Accepts Medicaid, Insurance and private pay

Lake Charles Behavioral Health Clinic

(337) 475-8022 / 24 hour crisis: 1-800-272-8367 & Fax: (337)475-8054

Louisiana Center for the Blind

1-866-444-4496 Attn: Wendy Jackson

Meaningful Minds of Louisiana

(337) 237-2090

- Peer support program for the mentally ill Mon- Fri 8 a.m-4:30 p.m.

MMO Behavioral Health Systems

(337) 527-7878 Fax: (337) 527-7880 / 1909 Southwood Dr., Lake Charles LA 70605

- IOP and PHP (day programs)

MSU Project for the Treatment of problem Gambling

(337) 475-5964 or (337) 475-5462

- Free call to schedule an assessment

National Alliance for Mentally Ill (NAMI) www.nami.org/sites/namiswla

(337) 433-0219 Fax: (337) 433-1860 / 715 Ryan Street, Suite 203, Lake Charles LA 70601

- Family to Family- Classes in Spring and Fall for this 12 class course for parents, adolescents and caregivers of adults with mental illness (NOT FOR PERSON W/ MENTAL ILLNESS)
- Basics- Classes in spring and fall for this 6 class course for parents and care givers of children with mental illness.
- Call for dates, times and places. Registration is required and seating is limited.
- Family Support Group- meets 3rd Tuesday of each month
- Women and Depression (10 week course for women with depression taught by trained peer and specialist support

National Council on Compulsive Gambling

1-800-522-4700 Fax: (318) 220-7579

National Suicide Prevention Lifeline

1-800-273-8255 (TALK)

New Life Counseling

(337) 474-7003 Fax: (337) 474-1282

Oasis a Safe Haven: Sexual Assault Program www.cwshelter.org

(337) 494-7273 or 1-866-570-7273 Fax (337) 494-7269

Rachel's Vineyard of SWLA by the Diocese of Lake Charles

(337) 439-7400 Ext. 317 www.rachelsvineyard.org Contact: Marjorie Long

- Healing the pain of Abortion, One weekend at a time.

University United Methodist Church www.universitymethodist.com

(337) 477-2003 Fax: (337)478-8106 / 3501 Patrick St, Lake Charles LA 70605

- Faith Based “CIRCLE UP SUPPORT GROUP” for consumers of mental health services
- Meet every Tuesday night at 6:00 Contact person Mickey Shannon

Mental Health Services

Many of these providers are for-profit and may require payment for services. Some may take insurance, Medicaid or have a sliding fee scale for services; please ask about payment plans when scheduling service.

❖ Addiction Disorder

Addiction Center for Treatment 1-800-210-6085

Alcohol Drug Treatment 1-800-454-8966

Allen Parish Outreach /Oakdale ADC (318) 335-3578 Fax: (318) 225-3753

Beauregard OBH 106 W. Port St, DeRidder LA 70634
(337) 462-1641 & Fax: (337) 462-1354

Cenikor Foundation – Joseph Brisco Treatment Facility (337) 491-2355 Fax: (337) 491-2492

Institute for Neuropsychiatry (337) 477-7091 Fax: (337) 474-4552

Jeff Davis Addictive Disorder Clinic (337) 824-4705 Fax: (337) 824-4827

Lake Charles Behavioral Health Clinic (337)475-8022 Fax: (337) 475-8054

MMO Behavioral Health Systems

(337) 527-7878 Fax: (337) 527-7880 / 1909 Southwood Dr., Lake Charles LA 70605

- IOP and PHP (day programs)

MMO Westend

(337) 616-8122 (Fax: (337) 616-0590 Medical Records); (Fax: (337) 824-9401 Nurse Station)
1530 Highway 90 West, Jennings, LA 7054

New Horizons Counseling Center (337) 478-1411 Fax: (337) 562-1489

Townsend Recovery (337) 216-7502 & 1-800-504-1714 (Crisis Hotline) Fax: (504) 454-5175

❖ Counseling- Personal & Family

Behavioral Health Center- Lake Charles (337) 494-3062 Fax: (337) 494-2115
1701 Oak Park Blvd, Lake Charles LA

Chadha Medical Rural Health Clinic Dequincy (337) 786-5007 Fax: (337) 786-5009

Christian Counseling Clinic (337) 474-1218 Fax: (337) 474-2929

Counseling Service of Southwest LA (337) 431-7194 Fax: (337) 431-7198

Counseling, Hypnosis & Therapy Service (337) 478-8273

Eddie Windham Family & Individual Counseling (337) 302-0801 Fax: (337) 480-4067

Emmanuel Counseling Service (337) 485-9564

Family and Youth Counseling Agency www.fyca.org (337) 436-9533 Fax: (337) 439-9941

Grandberry Counselors (318) 335-1930 (Oakdale 1st Baptist Church) Fax: (318) 335-0277

Jennings Behavioral Health (337) 527-7878 Fax: (337) 527-5049

Kay Dore' Counseling Clinic at McNeese (337) 475-5981 Fax: (337) 562-4221

New Horizons Counseling Center (337) 478-1411 Fax: (337) 527-5049

Professional Counseling Service (337) 855-1382 / 1445 Sam Houston Jones Pkwy, Lake Charles LA

Quit Now Smoking Cessation Counseling www.quitwithusla.org 1-800-QuitNow (784-866)

The Psychology Clinic- Lake Charles (337) 474-2682 Fax: (337) 474-4601

Rehab Services of SWLA (337) 433-3292 Fax: (337) 433-9764 / 803 West Bayou Pines Ste. A Lake Charles LA 70601

- Specializing in mental health of children, adolescents and adults. Medicaid recipients ONLY

Shepherds Way Counseling (337) 478-1616 / 710 W. Prien Lake #104, Lake Charles LA 70601

❖ **Hospitals with Mental Health Programs**

Allen Parish Hospital Psychiatric Unit (337) 738-9460 or 1-800-737-2527 Fax: (337) 738-9496
108 6th Ave, Hwy 190 W. Kinder LA 70648

Calcasieu Oaks (337) 439-8111 Fax: (337) 439-1970 / 2837 Ernest St, Lake Charles LA 70601

Christus St. Patrick Hospital (337) 436-2511 Fax: (337) 491-7157 / 524 Dr. Michael DeBakey Dr

Dequincy Memorial Hospital (337) 786-1200 Fax: (337) 786-1219 / 110 W, 4th St. Dequincy LA

Jennings Senior Care Hospital (337) 824-1558 Fax: (337) 824-1561 / #1 Hospital Dr, Ste. 201
Jennings LA

Lake Charles Memorial Hospital (337) 494-3000 fax: (337) 494-3299 / 1701 Oak Park Blvd

Oceans Behavioral Hospital- DeRidder (337) 460-9472 Fax: (337) 460-9473

Oceans Behavioral Hospital- Lake Charles (337) 474-7581 Fax: (337) 474-7582

❖ **Psychiatrists**

Advanced Psychiatric Services (337) 310-0153 Fax: (337) 310-0202

- Janelle Disney, Ph.D., LPC, LMFT, Dr. Paul Matthews, Diana Lynn Dearden, LPC, LMFT

Brideway Psychiatric Center (337) 562-0211 Fax: (337) 562-0212

- Charles Bramlet, M.D, Charles A. Murphy, M.D Said Cantu, M.D

Gulf Coast Psychiatry (337) 562-8100 Fax: (337) 562-8356

- Garrett Ryder, M.D, Charles Robertson, Ph.D.

Institute for Neuropsychiatry (337) 477-7091 Fax: (337) 474-4552

- Dale D. Archer, Jr, M.D, Charles A. Murphy, M.D Kashimath G. Yadalam, M.D, Said Cantu, M.D, Sreelatha Pulakandum, M.D

Lake Area Psychiatry (337) 478-9331 Fax: (337) 478-9828

- Mike Mahony, M.D, David Buttross, M.D, Jayendra Patel, M.D, Marla Hines, M.D

Psychiatric Services of Lake Charles Memorial Hospital (337) 494-3262 Fax: (337) 494-2087

Emergency Medication

Allen P. August Multi-Purpose Center 1-800-542-7074 (337) 437-3560 Fax: (337)430-4796

2001 Moeling St. Lake Charles LA 70601

- Once a year. Life sustaining medication ONLY

Care Help of Sulphur www.care-help.org (337) 528-2273 Fax: (337) 310-0199

200 N. Huntington St. Sulphur LA 70663

- For Sulphur and Carlyss ONLY. No pain medication or psychiatric medication accepted.

Catholic Service Center- Social Services (337) 439-7436 Fax: (337) 439-7435

612 Louisiana Ave, Lake Charles LA 70601

- Calcasieu Parish residents ONLY. (No Narcotics) Open Tues, Wed & Thurs 8:30-12:00

Medication Assistance & Physical Health or Disability Services

Advocacy Center 1-800-960-7705 & Lafayette 1-800-822-0210 Fax: (504) 522-5507

1010 Common St. Ste. 2600, New Orleans 70112

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.

Allen P. August Multi- Purpose Center (337) 437-3560 Fax: (337) 430-4796 1-800-822-7074

2001 Moeling St. Lake Charles LA 70601

- For SENIORS- medication assistance, blood pressure screening, cholesterol screening, blood glucose screening, and health education.
- For CHILDREN- medication assistance, vision screening, free children's eye glasses, health screening and health education- Erica Kaough Health Care Coordinator.

- Dental Services for very low fee for children 2-17, limited availability for adults 18 and older.
- Appointments necessary for all children and screenings

Calcasieu Community Clinic (337) 478-8650 Fax: (337) 478-6196

550 Sale Rd. Ste. 217, Lake Charles LA 70609 (McNeese State University campus Juliet Hardtner Hall)

- For low income, working uninsured adults. One person in household needs to work at least 20 hours a week
- Medically supervised weight loss program
- Open Thursday ONLY (Call first for more information)

Children's Special Health Services & Calcasieu Parish Health Unit

(337) 478-6020 Fax: (337) 475-8613

Calcasieu Parish Health Unit 3236 Kirkman St, Lake Charles LA 70601

- Provides medical diagnostic and treatment services for eligible children who have health problems which require services beyond routine basic care. This includes children with disabilities, handicapping conditions and chronic illnesses of sufficient severity to cause or to be likely to cause impairments which could significantly limit life activities.
- Also work to assist pregnant women.
- Open 8am -4:30pm Mon-Fri
- Provide immunizations for all 8:00-3:30 Mon-Thurs.

C.M.A.P- Cenla Medication Access Program www.cmaprx.org (318) 443-7494 & 1-888-443-7494

- Serving people over 18 who meet income guidelines and do NOT have Medicaid, Medicare or private insurance
- Covers 39 parishes. See website for current list

Direct Care (337) 436-5001 & 1-866-603-4444 Fax: (337) 436-5002

3006 Common St. lake Charles LA 70601

- Nonprofit agency that provides personal care services for persons of all ages with in the autism spectrum and other developmental disabilities

Families Helping Families of SWLA www.fhfsvla.org

(337) 436-2570 or 1-800-894-6558 Fax: (337) 436-2578

2927 Hodges St, Lake Charles LA 70601

- Provides information & referral, education & training, peer support and advocacy skills to individuals with disabilities and their Families Helping Families
- Covers SWLA area – Allen, Beauregard, Calcasieu, Cameron, and Jeff Davis parishes

Kid Med (337) 491-2439 ext. 7 or 1-800-259-4444

- Children's Medicaid –apply at local Medicaid office

LaChip 1-877-252-2447 www.medicaid.dhh.la.gov

- Total health care for children without insurance at no or low cost.

Louisiana Developmental Disabilities Council 1-800-450-8101 www.laddc.org

Louisiana Rehabilitation Services (337) 475-8038 Fax: (337) 475-8037

3616 Kirkman St. Lake Charles LA 70607 1-800-520-0589 TTD# (337) 475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job. Keep a job and develop a career.

McNeese College of Nursing Immunization Clinic (337) 475-5991 & (337) 475-5820

550 E. Sale Rd Lake Charles LA 70609 (1st floor of Hardtner Hall on McNeese Campus)

- Vaccines for children up to 18yrs of age on 1st and 3rd Tuesdays from 3:30 to 5:30pm
- Closed when McNeese State University is closed

Partners for Prescription Assistance www.pparx.org 1-888-477-2669

- Helps pay for medication

Prescription Savings Program www.togetherrxaccess.com 1-877-789-6028

Patient Advocate Foundation www.patientadvocate.org 1-800-532-5274 Fax: (757) 872-8999

- Offers free help in navigating health care systems
- Assist with insurance, job& debt financial issues and assist patients with chronic life threatening illness

Senior RX (a program of the Calcasieu Council on Aging) (337) 474-2583 & 1-800-223-5872

3950 Hwy 14, Lake Charles LA, 70607

- Assist anyone over 21yrs of age with a chronic illness to obtain medication through manufactures assistance programs (Even psychiatric medication may qualify)

Southwest Louisiana AIDSs Council (SLAC) (337)474-2583 & 1-80-256-5145 Fax: (337)436-8713

1715 Common St, Lake Charles LA 70601

- Provides services for HIV positive persons- presentations, HIV counseling, testing, teen education, case management, food pantry, companion program, support groups, transportation, dental and eye care,

Southwest Louisiana Center for Health Services - WIC (337)439-9983 Fax: (337)439-8898

Southwest Louisiana Independence Center (SLIC) www.slic-la.org

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198

2016 Oak Park, Lake Charles LA 70601

- They have medical equipment available for elderly or disabled who qualify. Call for more information.

Veterans Affairs 1-800-827-1000 www.va.gov

Medical Facilities

Allen Parish Health Unit (318) 335-1147 & Fax (318) 335-2898

145 Hospital Drive, P.O. Drawer 1121 Oakdale LA 71463

Beauregard Parish Health Unit (337) 463-4486 Fax: (337) 462-2486

216 Evangeline St. DeRidder LA 70634

Calcasieu Parish Health Unit (337) 478-6020 & Fax: (337) 475-8613

3236 Kirkman St. Lake Charles LA 70601

Cameron Parish EMS Services (337) 542-4926 Fax: (337) 542-4924

P.O. Box 248 Creole, LA 70632

Christus St. Patrick Hospital (337) 436-2511 & Admin Fax: (337) 491-7157
524 Dr. Michael DeBakey Drive, Lake Charles LA 70601

Dequincy Memorial Hospital (337) 786-1200 & Admin Fax: (337) 786-1219
110 W. 4th St. Dequincy LA 70633

Hackberry Primary Rural Health Clinic (337) 762-3762 & Fax: (337) 762-3838
1020 Main Street, Hackberry LA 70645

- Operating out of a mobile unit in the parking lot of old address
- Mon 8am -5pm, Tues 7am-5-pm, closed Wed, Thurs 7am-5pm, Fri *am-3pm

Jeff Davis Parish Health Unit (337) 824-2193 & Fax (337) 824-0794
403 Baker Street, Jennings LA 70546 / 8-4:30pm Monday – Friday

Jennings American Legion Hospital (337) 616-7000 & Admin Fax: (337) 616-7034
1634 Elton Rd. Jennings LA 70546

Lake Charles Memorial Hospital (337) 494-3000 & Admin Fax: (337) 494-3299
1701 Oak Park Blvd Lake Charles 70601

Oakdale Community Hospital (318) 335-3700 & Admin Fax: (318) 215-3013
130 North Hospital Drive Oakdale LA 71463

South Cameron Memorial Hospital (337) 542-4111 & Fax: (337) 542-7180
5360 West Creole Hwy, Cameron 70631

South Cameron Hospital Rural Clinic (337) 905-4111 & Fax: (337) 905-5711
10080 Gulf Hwy, Lake Charles LA 70607

- Open Monday- Thursday 7:00 to 3:00 and Friday 7:00 to noon
- Prefer appointments over walk-ins

Southwest Louisiana Center for Health Services (337)439-9983 Fax: (337) 439-8898
2000 Opelousas St. Lake Charles LA 70601

- Mon, Wed & Thurs 8am – 5pm Tues 10am to 7pm, Fri 8am to noon (Appointments ONLY)

West Calcasieu Cameron Hospital (337) 527-7034 & Admin Fax (337) 527-4163
731 Cypress St. Sulphur LA 70663

W.O Moss Regional (337) 475-8100 & Admin Fax (337) 475-8104
1000 Walters Street, Lake Charles LA 70607

Women & Children's Hospital (337) 474-6370 & Admin Fax (337) 475-4143
4200 Nelson Road, Lake Charles LA 70605

www.women-childrens.com